brace5

DR JOHN MAMUTIL

DEBAND APPOINTMENT

CONGRATULATIONS ON FINISHING YOUR TREATMENT!

Good Job!

LIFE AFTER BRACES

Now that your braces are coming off, you will be able to go back to your old eating habits!

Unfortunately, the fact that you have completed orthodontic treatment does not ensure a lifetime of perfectly straight teeth.

After braces are removed we provide retainers to support your teeth in their new position whilst the bone around them becomes firmer.

There are several types of retainers and your Orthodontist will choose the most adequate for your needs. Retainers can be fixed (glued on) or removable. Usually fixed retainers will be placed on your six lower front teeth and a removable retainer will be used for your upper teeth.

Patients who do not faithfully wear their retainers can see major shifting of their teeth and encounter other adverse effects. Shifting of the teeth occurs even in people who have not had orthodontic treatment.
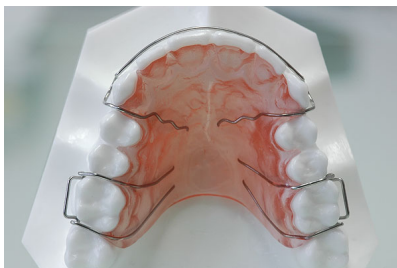
Nevertheless, the majority of patients achieve a significant improvement in the position of the teeth and maintain it for many years!

DEBAND APPOINTMENT

Our Hygienist will remove the bands, brackets and arch wires from the teeth. She will then remove any excess cement, leaving them feeling very smooth and shiny with then having a very thorough polish.

Impressions are taken to make your retainers. The orthodontist will choose the most appropriate retainers for you. The duration of this appointment will be between 60-90 minutes. If you are having a fixed retainer, you will then be seen by Dr Mamutil to have it fitted.

You will need a second appointment approximately three (3) days after your deband to pick up your removable retainer. Our hygienist or any of our doctors will make sure your retainer fits well and will make adjustments as necessary. Instructions will be provided on how to look after your new retainers. Long-term retainer wear is the only way to ensure your teeth remain in position.

Hawley Removable Retainer

Essix Removable Retainer

Lower Fixed Retainer