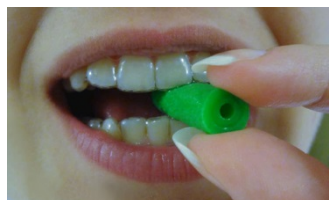


Chewies Instructions

- Invisalign aligner trays must be seated completely on your teeth for them to work correctly, The first few days that a new set of aligners are worn, the fit very tightly and may not seat all the way.
- Chewies provide a safe reusable chewing device the size of a cotton roll to aid in the seating and fit of the aligners and help gently guide the teeth into their new position
- To assist in this initial seating, Dr Mamutil recommends the use of the aligner chewie, especially in problem areas where there is a slight airgap in the aligner between the tooth and aligner
- Place chewie in the area needed and bite repeatedly for 1 minute intervals as many times as needed.
- Do this with each new set of aligners in the first few days and your treatment will progress nicely and your teeth will also feel less uncomfortable.



Suite 22: Level 1, 7-9 Barwell Avenue CASTLE HILL
Tel 9899 4322 www.brace5.com

Chewie Instructions

- Invisalign aligner trays must be seated completely on your teeth for them to work correctly, The first few days that a new set of aligners are worn, the fit very tightly and may not seat all the way.
- Chewies provide a safe reusable chewing device the size of a cotton roll to aid in the seating and fit of the aligners and help gently guide the teeth into their new position
- To assist in this initial seating, Dr Mamutil recommends the use of the aligner chewie, especially in problem areas where there is a slight airgap in the aligner between the tooth and aligner
- Place chewie in the area needed and bite repeatedly for 1 minute intervals as many times as needed.
- Do this with each new set of aligners in the first few days and your treatment will progress nicely and your teeth will also feel less uncomfortable.



Suite 22: Level 1, 7-9 Barwell Avenue CASTLE HILL
Tel 9899 4322 www.brace5.com